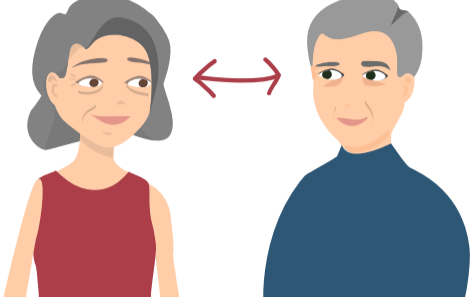


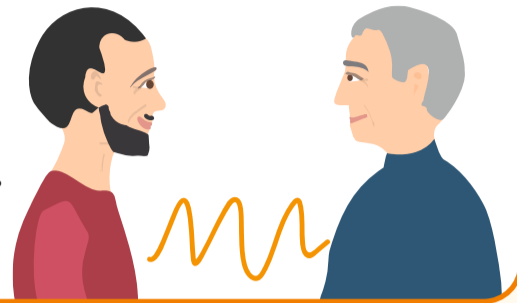
11 tips to communicate better with people with dementia

1



Make sure you are both at the same eye level when you talk.

Pay attention to the feelings that are involved.



6

2



Be friendly and face each other.

Allow time to answer.



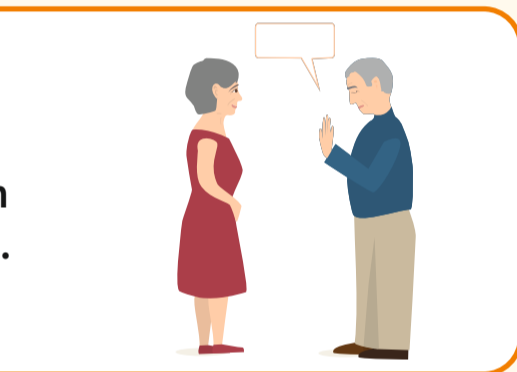
7

3



Use simple, short sentences.

Listen carefully and pay attention to body language.



8

4




Speak slowly and clearly.

Only say or ask one thing at a time.



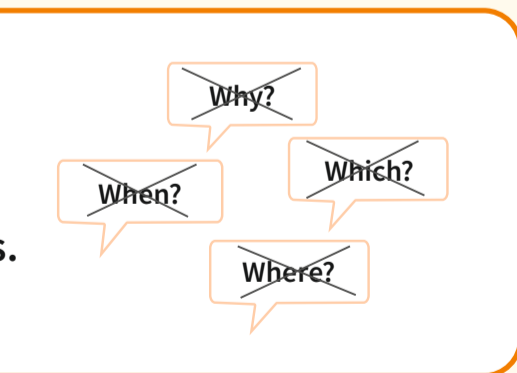
9

5




Emphasise what you say with gestures and facial expressions.

Do not ask „why, which, when and where“ questions.



10

Show appreciation for what has been achieved and do not point out mistakes.



11



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